



**Warboys Primary
Academy**

A proud member of



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Thursday 1st May 2025

Dear Parents and Carers

Relationships Education and Health Education: Reception

This letter is to inform you we will shortly be beginning some work in Reception about 'Growing and Changing'. Our 'Growing and Changing' topic covers some elements of Science and some Personal Social and Emotional Development (PSED)

Your children will be engaging with the following questions as part of this work:

- What does my body look like?
- How has my body changed as it has grown?
- What can my body do?
- What differences and similarities are there between our bodies?
- How can I look after my body and keep it clean?
- How am I learning to take care of myself and what do I still need help with?
- Who are the members of my family and trusted people who look after me?
- How do I feel about growing up?
- How can I be a good friend?
- Can I recognise and show my emotions?

We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children. You have the right to withdraw your child from the elements of our programme defined as sex education i.e. learning about human conception and birth. **There are no elements of sex education taught in Reception. The content taught in this year group is statutory and is an important part of their PSED development.**

We are very aware that the RSE we deliver in school is only a small part of children's learning about their bodies, keeping safe, emotions, relationships and themselves. The majority of children's learning in this area takes place with you at home. You will find some further information on how to develop children's knowledge, skills and attitudes relating to RSE on our school website.

If you have any further questions, please do not hesitate to contact Mrs Roebuck as your phase leader, or Mrs Grimes-Thomas as our PSHE lead.

Yours faithfully

Mr Mallott
Principal