

Ridesilience Course- October 2025

Has your child been impacted by conflict between you and your partner or ex-partner?

- Would your child benefit from participating in a course where they can improve their biking ability, build confidence and enjoy a half term full of activities including an overnight stay at Grafham Water?
- Please express your interest for your child to attend this course by completing the form accessed through the QR code

Criteria and Commitments

- ✓ There is conflict between you and your partner or ex-partner, and your child would benefit from intervention to support them with this conflict
- ✓ Your young person is in either Year 6 or Year 7
- ✓ All students must commit to all 4 days of the course
- ✓ Your child needs to have a basic cycling ability (looking behind, riding one-handed, maintaining control) before they start the course on Monday 27th October.



MONDAY 27TH OCTOBER – THURSDAY 30TH OCTOBER 2025 (HALF TERM)



HUNTINGDON YOUTH CHILD AND FAMILY CENTRE (HYCFC), SALLOWBUSH RD, HUNTINGDON PE29 7AF



Cambridgeshire
County Council

Ridesilience Course – October Half
Term 2025



DEADLINE FOR EXPRESSIONS OF INTEREST: FRIDAY 26TH SEPTEMBER 5PM.

**FOR MORE INFORMATION OR QUESTIONS PLEASE
EMAIL - RPCLEAD@CAMBRIDGESHIRE.GOV.UK**

