

We are offering online workshops that will cover a variety of topics for parents and carers to attend. Workshops will be offered online each Monday up until December and will start at 12 and finish at 1.


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| 4 th October: Anxiety Workshop | 11 th October: Sleep Workshop |
| 18 th October: Anxiety Workshop | 25 th October: Sibling Rivalry Workshop |
| 1 st November: Anger Workshop | 8 th November: Anxiety Workshop |
| 15 th November: Sleep Workshop | 22 nd November: Anger Workshop |
| 29 th November: Sibling Rivalry Workshop | 6 th December: Anger Workshop |

If you would like to join any of these sessions, please email the address below with the date of the session/sessions you wish to attend and you will be added to the interest list. We require names and a contact number and the name of the Primary School your child / children attend. Your details will only be recorded on the interest list for the sessions, and in line with GDPR regulations. Consent to participate in any of these sessions will be presumed when you click the link to join on the electronic invitation, which will be sent out the day before. These emails may go into spam folders so please check carefully.

If you'd like to join the workshop you will need internet access and a device able to connect to Microsoft Teams via web browser.
(Full access instructions will be given once your place is booked).



Cambridgeshire
County Council

To book your place please contact Christylee O'Grady on
 Christylee.O'Grady@cambridgeshire.gov.uk or
Zoe.Hope@cambridgeshire.gov.uk