



**Warboys Primary  
Academy**

A proud member of



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Date

Dear Parents and Carers

**Relationships Education and Health Education: Year 1**

This letter is to inform you we will shortly be beginning some work in Year 1 about 'Growing and Changing'. Our 'Growing and Changing' topic covers some elements of Science, Relationships Education and Health Education.

Your children will be engaging with the following questions as part of this work:

- **What are the names of the main parts of the body?**
- What can my amazing body do?
- **When am I in charge of my actions and my body?**
- **How can I keep my body clean?**
- **How can I avoid spreading common illnesses and diseases?**

*(Please note the questions in bold are statutory areas from Relationships Education)*

We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children. You have the right to withdraw your child from the elements of our programme defined as sex education i.e. learning about human conception and birth. **There are no elements of non-statutory sex education taught in Year 1 so you can not withdraw your child from these lessons.**

We aim to help children to learn to respect themselves and others and move safely and confidently from childhood, through adolescence, into adulthood. We deliver much of this work through Relationships Education and Health Education, which are statutory parts of the broader subject, PSHE. As part of our programme we provide Relationships and Sex Education (RSE). This programme begins as soon as children arrive in school and continues until the end of secondary school. There is more information about the areas your child will be covering below.

We are very aware that the RSE we deliver in school is only a small part of children's learning about their bodies, keeping safe, emotions, relationships and themselves. The majority of children's learning in this area takes place with you at home. You will find some further information on how to develop children's knowledge, skills and attitudes relating to RSE on our school website.

If you have any further questions, please do not hesitate to contact Mrs Roebuck as your phase leader, or Mrs Grimes-Thomas as our PSHE lead.

Yours faithfully,

Mr Mallott